2016-Q4 (October – December) Viewpoints Quarterly Logs

Compliancy Issues Covered

Addiction
African-American Issues
Agriculture
Animal Health
Aquaculture
Arts
Business
Campaigns
Children & Family Issues
Civil Rights
Climate Change
Commerce
Communications
Community Action
Consumerism
Crime
Disability
Drugs
Education
Elderly
Emergency Response
Employment
Entertainment
Environment
Equality
Ethnicity & Culture
Family Issues
Gender Issues
Genocide
Government
Gun Laws
Health
Immigration
Infrastructure
Internet Security
Journalism
Labor
Law
Law Enforcement
Legislation
Manufacturing
Media
Medicine
Mental Health
Military
Minorities
Natural Disasters
Natural Resources
Non-Profits
Nutrition
Organized Labor
Personal Finance
Philanthropy
Political Activism
Politics
Poverty
Prisons
Privacy Issues
Psychology
Public Health
Religion
Science & Technology
Social Issues
Stress
War
Water Issues
Women's Issues

See weekly logs below for segment dates, titles, topics, guests & duration

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Program Log for *Viewpoints*

Program	16-40	**Producer**	Pat Reuter
Air Week	10/2/16	**Production Directors**	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:47	**SEGMENT 1: The Gatekeeper: Missy LeHand and FDR**	10:12
	Synopsis: Everyone knows about the presidency of Franklin D. Roosevelt, but not many know about the powerful and loyal confidant FDR relied on, Marguerite "Missy" LeHand. Our guest discusses the life and work of this remarkable woman and how she helped and influenced one of the greatest chief executives of our time. Host: Gary Price. Guests: Kathryn Smith, author of *The Gatekeeper: Missy LeHand, FDR, and the untold story of the partnership that defined a presidency.* Links for more info: www.margueritelehand.com also on Facebook.com/Missy LeHand Compliancy Issues Covered: government, women's issues, the presidency	
14:01	**SEGMENT 2: Urban Farming: Helping people do more than eat healthy**	11:26
	Synopsis: Urban gardens are popping up all over the country, and they've provided "food desert" communities with fresh fruits and vegetables for their residents' tables as well as taught urban dwellers to put abandoned plots of land to good use. But have you ever heard of an "urban farm"? Our guests talk about both of these projects and describe why they provide hope and employment for people in need as well as educational opportunities to students and residents. Host: Marty Peterson. Guests: Michael Ableman, co-founder and director of Sole Food Street Farms in Vancouver, BC, and author of the book, *Street Farm: Growing food, jobs and hope on the urban frontier;* Deirdre Bradley-Turner, director of Community Service and Service Learning at Emmanuel College, Boston, which is part of the Mission and Ministry Office at the college. Links for more info: www.emmanuel.edu www.solefoodfarms.com www.chelseagreen.com Compliancy Issues Covered: agriculture, controlled substances, mental health, poverty, community activism, education	

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Viewpoints **Program Log for *Viewpoints***

Program	16-41	**Producer**	Pat Reuter
Air Week	10/9/16	**Production Directors**	Sean Waldron, Reed Pence

Time	**Segment**	**Dur.**
1:47	**SEGMENT 1: Citizen Scientists: What everyone can do to help create a better world**	11:25
	Synopsis: When we think of scientists, most of us think of college graduates working in laboratories on very important projects for the government or large corporations. Not many of us think of the retired bricklayer next door who likes to garden, or the 10-year-old girl who is fascinated by birds. We talk to two "citizen scientist" advocates about the importance of having average citizens be the eyes and ears of large research projects, and how anyone can find a science project they can help advance in the world. Host: Gary Price. Guests: Mary Ellen Hannibal, author of the book *Citizen Scientist: Searching for heroes and hope in an age of extinction;* Geoff LeBaron is the director of the Audubon Society's annual Christmas Bird Count. Links for more info: www.maryellenhannibal.com www.christmasbirdcount.org Compliancy Issues Covered: nature, science, technology, public service, environment	
15:14	**SEGMENT 2: Helping Animals Weather Natural Disasters**	10:14
	Synopsis: Natural disasters such as floods, wildfires and tornados can devastate a community, cause widespread health concerns and push families out of their homes. We're all concerned that the humans caught in these circumstances are taken care of, but what about the pets that live in the area? How can we help them survive and stay with their human caretakers? We talk to a Humane Society spokesperson who has seen his share of disasters about keeping your pets safe and secure during a catastrophe. Host: Marty Peterson. Guest: Jeff Dorson, Executive Director of the Humane Society of Louisiana Links for more info: www.humanela.org 1-888-6-HUMANE Compliancy Issues Covered: natural disasters, animal welfare, public safety, community activism	

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Program Log for *Viewpoints*

Program	16-42	**Producer**	Pat Reuter
Air Week	10/16/16	**Production Directors**	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:47	**SEGMENT 1: Dealing With Fear in Life**	11:02
	Synopsis: Halloween is coming up, and just about everyone likes to be scared on that day. It's fun and it can help heighten the excitement of the holiday. However, there are some people who have fear in their lives that isn't much fun – those who are facing big changes, uncertainties and loss. Our guests talk about how fear affects our lives and how it can be decreased or eliminated by perseverance, positive thinking and compassion. Host: Gary Price. Guests: Brad and Kasey Wallis, co-founders of "Expand With Julius," a private coaching and workshop firm. Links for more info: expandwithjulius.com Compliancy Issues Covered: mental health, occupational training, internet & social media	
14:52	**SEGMENT 2: Teaching Kids to Read by Expanding Their World**	10:32
	Synopsis: We hear it all the time – why can't our kids read better? Our guest has some thoughts on the issue and offers some suggestions to parents, educators and policymakers about how expanding our children's knowledge base in school will help make them better readers overall. Host: Marty Peterson. Guest: Robert Pondiscio is the Executive Director of the Knowledge Matters Campaign, a senior fellow at the Thomas B. Fordham Institute in Washington, DC, and a former inner-city elementary school teacher. Links for more info: www.knowledgematterscampaign.org Compliancy Issues Covered: education, government, community activism	

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Program Log for *Viewpoints*

Program	16-43	Producer	Pat Reuter
Air Week	10/23/16	Production Directors	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:47	**SEGMENT 1: Atlas Obscura: Celebrating Unique Destinations**	9:58
	Synopsis: When Americans take vacations, it's often to places like theme parks, resorts, or national parks. Our guest says that there's a treasure trove of unique destinations around the world if you veer off the beaten vacation path. He talks about a few of the places you probably never heard about but which offer unique experiences, educational opportunities and a lot of fun. Host: Gary Price. Guests: Dylan Thuras, co-author of *Atlas Obscura: An explorer's guide to the world's hidden wonders.* Links for more info: www.atlasobscura.com Compliancy Issues Covered: recreation, art, architecture, travel, history, war, science & technology	
13:48	**SEGMENT 2: Raising Human Beings: Dealing with kids, expectations and behavior**	11:36
	Synopsis: Raising kids these days isn't easy. Parents have expectations for their children that often don't jibe with who the child is and his or her temperament -- and that can lead to problems with behavior that disrupt family life, and end up being counterproductive for the child. We talk to a psychologist about why kids behave the way they do in certain situations, and offer strategies for dealing with a child that can help them grow more responsible and independent. Host: Marty Peterson. Guests: Dr. Ross Greene, a psychologist at Virginia Tech University and founding director of the non-profit organization "Lives in the Balance." He's also the author of the book, *Raising Human Beings: Creating a collaborative partnership with your child.* Links for more info: www.drrossgreene.com www.livesinthebalance.org Compliancy Issues Covered: children and family issues, education, psychology and mental health	

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Program Log for *Viewpoints*

Program	16-44	Producer	Pat Reuter
Air Week	10/30/16	Production Directors	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:45	**SEGMENT 1: Liar, Temptress, Soldier, Spy: Women in the Civil War**	11:04
	SYNOPSIS: We've heard a lot about the famous generals and other heroes of the Civil War, but very little has been written about the women who fought as hard as the men for their beliefs. We talk to an author who researched these women, about the jobs they did, how they risked their lives to find and carry intelligence from the enemy to their generals, and even how they used their "feminine wiles" to get the information they needed to gain advantage in the war. Host: Gary Price. Guest: Karen Abbott, author of *Liar, Temptress, Soldier, Spy: Four women undercover in the Civil War.* Links for more info: www.karenabbott.net Compliancy Issues Covered: history, military & veterans, women's issues	
14:51	**SEGMENT 2: The Value of Face-to-Face Communication for Kids**	10:36
	SYNOPSIS: Kids are always on their phones, tablets or computers – even when they're sitting across from one another at the lunch table! Does communicating via screens hurt kids? We talk to two researchers who found that too much screen time at the cost of face-to-face communication could decrease our ability to recognize emotions, and possibly even shorten our lives. Host: Marty Peterson. Guests: Patricia Greenfield, Distinguished Prof. of Psychology, UCLA, Dir. of the Children's Digital Media Center, Los Angeles, CA; Susan Pinker, psychologist, journalist, author of *The Village Effect: How face-to-face contact can make us healthier, happier and smarter.* Links for more info: www.cdmc.ucla.edu www.susanpinker.com Compliancy Issues Covered: technology, children's issues, seniors' issues, mental & physical health, education	

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Program Log for *Viewpoints*

Program	16-45	Producer	Pat Reuter
Air Week	11/6/16	Production Directors	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:49	**SEGMENT 1: Supporting Libraries: Why they're important, how we can help**	11:24
	Synopsis: The public library system in the U.S. is one of our most cherished community services, yet in these days of government budget cuts, libraries around the country are feeling the pinch of shorter hours, fewer staff and old technology. Our guests discuss why funding and supporting our libraries is a way to raise smarter kids, help residents with social service navigation, boost the economy, and help immigrants become full American citizens. Host: Gary Price. Guests: Dr. Timothy Crist is the president of the Board of Trustees for The Newark Public Library, Newark NJ; Karin Slaughter, internationally bestselling author whose latest novel is titled *The Kept Woman,* founder of Save the Libraries. Links for more info: www.npl.org www.karinslaughter.com www.savethelibraries.com Compliancy Issues Covered: education, philanthropy, community services, employment, community activism, African American issues, Latino issues	
15:16	**SEGMENT 2: Dealing with Shame and Bullying**	10:13
	Synopsis: Bullying and shaming are two of the most damaging activities kids – and many adults – face today. One of our guests discusses the psychological ramifications of bullying and the other relates her own experience as an unwed teen in the 1970s, and how the shame of that incident and the support she received from other young women in the same situation made her stronger and more compassionate to others. Host: Marty Peterson. Guests: Dr. Frank Farley, Professor of Educational Psychology at Temple University in Philadelphia, PA; Liz Pryor, author of *Look At You Now: My journey from shame to strength.* Links for more info: www.temple.edu www.lizpryor.com Compliancy Issues Covered: bullying, teen pregnancy, technology/internet, mental health, juvenile justice, family issues, poverty	

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Viewpoints

Program Log for *Viewpoints*

Program	16-46	**Producer**	Pat Reuter
Air Week	11/13/16	**Production Directors**	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:50	**SEGMENT 1: Remembering the Activism of Tom Hayden**	13:03
	Synopsis: In 2004, we spoke with activist and former California legislator Tom Hayden who passed away last month. The topics were gangs and violence, how and why young men and women join gangs and how we can stem the violence of these groups and help the young people who belong to them to live better, safer and more productive lives. In these days of continued strife on urban streets, we can still benefit from his hopeful – yet controversial – ideas on the topic. Host: Gary Price. Guests: The late Tom Hayden, former member of The Chicago Seven and California State Senator of 18 years, is author of the book, *Street Wars: Gangs and the future of violence.* Links for more info: www.tomhayden.com Compliancy Issues Covered: African American issues, minorities, violence, law enforcement, poverty, labor	
16:55	**SEGMENT 2: Brain Briefs: How our minds perceive the world**	8:30
	Synopsis: Does working crossword puzzles, Sudoku, and playing other games help prevent Alzheimer's and dementia? Why does time seem to crawl when we're young and speed up as we age? Does multitasking really help us get more done? We talk to a psychologist and author about these popular ideas and get the real story about how our minds can sometimes trick us into thinking things that really aren't true. Host: Marty Peterson. Guests: Bob Duke, professor at the University of Texas-Austin, and an expert on music and human learning. He and his co-author, Art Markman, are also the co-hosts of the popular podcast "Two Guys on Your Head." Their book is titled *Brain Briefs: Answers to the most (and least) pressing questions about your mind.* Links for more info: twoguysonyourhead.org www.kut.org Compliancy Issues Covered: popular culture, mental health, aging, work	

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Program Log for *Viewpoints*

Program	16-47	**Producer**	Pat Reuter
Air Week	11/20/16	**Production Directors**	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:50	**SEGMENT 1: Fighter Pilot: The Jimmy Stewart You *Didn't* Know**	11:43
	Synopsis: The late actor, Jimmy Stewart, gave us some very memorable characters during his time in Hollywood – many very funny; others endearing; and still others dark and villainous. Perhaps Stewart's most dramatic role was the one that not many people know about, but that molded his life and his psyche – not to mention his acting – for most of his career: fighter pilot in World War II. We talk to an author who delved into Stewart's war service about how flying missions over Europe and seeing his comrades die affected the actor and his choice of roles and acting style for the rest of his life. Host: Gary Price. Guest: Robert Matzen, author of *Mission: Jimmy Stewart and the fight for Europe.* Links for more info: robertmatzen.com Compliancy Issues Covered: military veterans, war, PTSD, movies & the arts, history, technology	
15:35	**SEGMENT 2: Habit Changers: Advice for success in making resolutions**	9:51
	Synopsis: In about six weeks, people will be celebrating the New Year and many of them will be resolving to change something in their lives – the ubiquitous "New Year's Resolution." We talk to a behavior specialist and coach about how bad habits are created and why. She also gives us some ways to help give those resolutions some staying power for the year ahead. Host: Marty Peterson. Guest: M.J. Ryan is a resolution maker and an internationally-recognized expert on change and human fulfillment, author of the book, *Habit Changers; 81 game-changing mantras to mindfully realize your goals.* Links for more info: www.MJ-Ryan.com www.Habit-Changers.com Compliancy Issues Covered: psychology & human behavior, business & entrepreneurs	

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Program Log for *Viewpoints*

Program	16-48	Producer	Pat Reuter
Air Week	11/27/16	Production Directors	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:50	**SEGMENT 1: THE ICK FACTOR: TEACHING KIDS SCIENCE**	11:15
	Synopsis: Schools are emphasizing science, technology, engineering and math—the STEM subjects. Many people believe science is too technical for kids to understand. We talk to two experts who say children take to science readily if it's presented in the right way by tapping into the "ick factor" that seems to fascinate them. Host: Gary Price. Guests: Chris Martine, David Burpee Prof. of Plant Genetics and Research, Bucknell Univ.; Jessica Garrett, science teacher and co-author, *Oh, Ick! 114 Science Experiments Guaranteed to Gross You Out* Links for more info: http://www.bucknell.edu/ChrisMartine; https://www.workman.com/products/oh-ick; Compliancy Issues Covered: education, science and technology; women's issues	
15:09	**SEGMENT 2: TEACHING KIDS TO GIVE BACK**	10:15
	Synopsis: During the holidays, many parents fret over the materialistic messages their children are exposed to. We talk to a mom and an author who together have created a children's book and game designed to make giving back to others a fun pursuit. Host: Marty Peterson. Guests: Sarah Linden and Tyler Knott Gregson, co-authors, *North Pole Ninjas: Mission: Christmas* Links for more info: NorthPoleNinjas.com Compliancy Issues Covered: youth at risk; education; children's psychology; consumerism	

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Program Log for *Viewpoints*

Program	16-49	**Producers**	Pat Reuter, Reed Pence
Air Week	12/4/16	**Production Directors**	Sean Waldron, Reed Pence

Time	Segment	Dur.
1:50	**SEGMENT 1: Does Where You Go To College Matter?**	11:57
	Synopsis: High school graduates who plan to go on with their education are making plans to head off to college this fall. Not all of them were accepted to the college that was their first choice, and many are disappointed about it. Some young people didn't get into college at all because they weren't offered the help they needed to find a college that suited them financially and culturally. We talk to an author and to a high school counselor about the myths surrounding acceptance to an "elite" college, why a small or state school can be a better fit, and how high school counselors can better serve diverse and often financially strapped students. Host: Gary Price. Guests: Frank Bruni, columnist for The New York Times, author of the book, *Where You Go Is Not Who'll You'll Be: An antidote to the college admissions mania*; Joshua Steckel, counselor at a high school in Brooklyn, NY, co-author of the book, *Hold Fast to Dreams.* Links for more info: www.frankbrunibooks.com www.thenewpress.com Compliancy Issues Covered: Education, Family, Employment, Social Issues	
15:52	**SEGMENT 2: Holiday Cooking Without Fear**	9:34
	Synopsis: With Thanksgiving over, it's time to start looking toward our December holiday parties and the meals that come with them. Author Julia Turshen joins the show to talk about her tips and tricks to make those Christmas and Hanukah dinner a little less daunting. With advice on dressings, sides, desserts and more, Turshen breaks down some basic techniques to make great food with little experience. Host: Marty Peterson. Guests: Julia Turshen, author of *Small Victories: Recipes, Advice + Hundreds of Ideas for Home Cooking Triumphs* Links for more info: : www.juliaturshen.com https://www.amazon.com/Small-Victories-Recipes-Hundreds-Triumphs/dp/1452143099 Compliancy Issues Covered: Family, Food & Nutrition	

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Program Log for *Viewpoints*

Program	16-50	Producers	Pat Reuter, Evan Rook
Air Week	12/11/16	Production Directors	Sean Waldron, Reed Pence, Nick Hofstra

Time	Segment	Dur.
1:50	**SEGMENT 1: Closing the Wage Gap: Two diverse opinions**	11:31
	Synopsis: The "Wage Gap" has been a persistent topic in America for years and it played a big role in determining the outcome of the recent election. We're joined by two experts who both agree that closing the wage gap should be a top priority in this country, but who have very different takes on how that can be achieved. We talk governmental regulations, tax codes, charity, and much more in regards to bringing the haves and the have-nots together. Our experts say doing so may just bring a very divided country together before the wedge between the two groups changes America into a very different, and likely very worse-off, place for our children to inherit. Host: Gary Price. Guests: Chuck Collins, website editor for The Institute for Policy Studies and author of the book, *Born on Third Base*. Kyle Hauptman, executive director of the Main Street Growth Project Links for more info: http://www.ips-dc.org http://www.chelseagreen.com/born-on-third-base http://www.mainstgrowth.com/ Compliancy Issues Covered: US Government, Economics, Politics, Business and Industry	
15:26	**SEGMENT 2: Henry Clay: The great American statesman you should know more about**	9:59
	Synopsis: Most of us have heard the name of Henry Clay, but he's not one of the people we usually remember the way we do George Washington or Thomas Jefferson. Our guest says that Clay was just as important to our nation as the founding fathers, and he discusses the great contributions this Speaker of the House made to keep our country together, fight for justice, and create the foundations of our extensive modern U.S. transportation system. Host: Marty Peterson. Guests: Harlow Giles Unger, author of *Henry Clay: America's Greatest Statesman* and contributor to The Huffington Post Links for more info: : http://www.huffingtonpost.com/author/harlow-giles-unger www.dacapo.com Compliancy Issues Covered: Government, Transportation, War, Law, Slavery, History	

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Program Log for *Viewpoints*

Program	16-51	Producers	Reed Pence, Pat Reuter, Evan Rook
Air Week	12/18/16	Production Director	Sean Waldron

Time	Segment	Dur.
1:47	**SEGMENT 1: Christmas at the Battle of the Bulge**	11:00
	Synopsis: This year, many families will spend the holidays with family members away, in combat in Iraq and Afghanistan. It's tough being on the battlefield at any time of year, but during Christmas it's especially hard. We talk to a historian and author about one Christmas, in 1944, when American soldiers spent a freezing holiday in the Ardennes forest, fighting for their lives against Hitler's army during the Battle of the Bulge; and how a general's prayers could have been the key to turning the tide in the Allies' favor. Host: Gary Price. Guests: Stanley Weintraub, Evan Pugh Professor Emeritus of Arts & Humanities, Penn State University, and author of "11 Days in December: Christmas at the Bulge, 1944." Links for more info: http://www.simonandschuster.com/authors/Stanley-Weintraub/1064729 https://www.amazon.com/11-Days-December-Christmas-Bulge/dp/0451223179/ref=sr_1_1?s=books&ie=UTF8&qid=1481303541&sr=1-1&keywords=11+days+in+december Compliancy Issues Covered: Military, War, Religion, History	
14:49	**SEGMENT 2: Using The Voices in Your Head**	10:39
	Synopsis: Hearing voices in your head comes with an unfortunate stereotype that you must be mentally ill. However, experts tell us the "voices in your head" can be used to talk to, and about, yourself in a healthy, productive way. In fact, most people hear voices in their head and already use inner speech on a daily basis. We discuss tips and techniques to use "self-talk" as a way to get yourself through tough decisions and lower stress. Host: Marty Peterson. Guests: Dr. Charles Fernyhough, author of "The Voices Within: The History and Science of How We Talk to Ourselves." Dr. Ethan Kross, Professor of Psychology at the University of Michigan. Links for more info: : http://www.charlesfernyhough.com/ https://www.amazon.com/Voices-Within-History-Science-Ourselves/dp/0465096808 https://lsa.umich.edu/psych/people/faculty/ekross.html Compliancy Issues Covered: Psychology, Mental health, Self-help, Science	

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Program Log for *Viewpoints*

Program	16-52	Producers	Reed Pence, Pat Reuter, Evan Rook
Air Week	12/25/16	Production Director	Sean Waldron

Time	Segment	Dur.
1:42	**SEGMENT 1: Dealing With Holiday Stress**	10:09
	Synopsis: The holidays, with their family gatherings, crowded shopping malls and unpredictable weather, are a time of stress for many people. We talk to two stress specialists about tips and tricks to help you calm down a bit during this hectic time of year and also prevent undue stress at other times. Host: Gary Price. Guests: Dr. Mary Lamia, clinical psychology and psychoanalyst in private practice in Marin County, CA; Paul Huljich, author of "Stress Pandemic: 9 natural steps to survive, master stress and live well" Links for more info: www.marylamia.com, www.stresspandemic.com Compliancy Issues Covered: Addiction, Mental Health, Family Issues, Diet & Nutrition	
13:53	**SEGMENT 2: Internet Privacy: How You Can Fight Snooping Online**	11:33
	Synopsis: It seems you can't get away from email spam, Internet scams and companies using your online purchases and web browsing to badger you with shopping opportunities. Every time you sign up for a blog or make a purchase, you are inundated with unwanted – and sometimes dangerous – intrusions into your personal and private information. We talk to a journalist who has tried to erase her digital footprint, and an attorney who deals with online privacy about the issue. We discuss ways you can get rid of some third parties who spy on your online activities, learn about better password protection, and find out why we are probably never going to be able to rid ourselves of all snooping in the future. Host: Marty Peterson. Guests: Julia Angwin, award-winning journalist, author of "Dragnet Nation: A quest for privacy, security and freedom in a world of relentless surveillance" William Kling, adjunct professor of law, IIT Chicago-Kent College of Law, clinical assistant professor at the University of Illinois at Chicago School of Public Health Links for more info: www.juliaangwin.com, www.kentlaw.edu Compliancy Issues Covered: Technology, Commerce, Law, Privacy, Internet security, Government	

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